



Brettenwood
COASTAL ESTATE
SHEFFIELD BEACH • KZN NORTH COAST

Brettenwood Living

MAY 2026 NEWSLETTER

Building Forward. Growing Together.

Governance | Community | Lifestyle | Safety

Message from the Estate Manager

Jon Dreyer

Steering Brettenwood through 2026

Dear Residents,

As we step into another breathtaking season (this one a little milder, but no less majestic) on our beautiful North Coast, I would like to take a moment to extend a warm greeting to all our residents, both long-standing members of our community and those who have recently joined us. It is a privilege to be part of such a dynamic estate, where our shared commitment to security, lifestyle, and environmental harmony continues to set us apart.

Over the first few months on this year, our team has been working steadily to maintain and enhance the standards that make our estate such a desirable place to live. From improving infrastructure and landscaping to refining our security and service delivery, every initiative is guided by our goal of preserving the quality and value of our community for all residents.

Thank you to all residents for your ongoing cooperation, understanding, and constructive feedback. Your engagement plays a vital role in the smooth running of our Estate and in maintaining the safe, peaceful environment we all enjoy.

Should you wish to raise any issues, suggestions, or compliments, please feel free to reach out to the Estate Office. Open communication is key to ensuring we continue to grow together as a community.

Warm coastal regards,
Jon



Your Safety. Our Priority.

Felix Pillay – Security Manager

Security Updates and Reminders

At Brettenwood Coastal Estate, the safety and peace of mind of our residents remains our top priority. As part of our ongoing commitment to estate security, we continuously review and enhance our safety measures to stay ahead of potential risks. Below is an update on recent developments and initiatives.

Electronics

We have recently installed an additional layer of security to certain sections of our electric fence line by adding motion-activated lights. These lights help deter would-be intruders from attempting to climb the fence. The AI analytics feature on our fence has been programmed to activate these lights when anyone enters designated perimeter detection zones.

Together with neighbouring estates, we are exploring drone technology to assist in responding promptly to fence alarm activations. New cameras are also being installed progressively as older units reach the end of their operational lifespan. Our on-site technicians continue to actively service electronic equipment, minimising breakdowns, extending equipment life, and reducing the need for new purchases.

Guarding

Control Room staff are scheduled to undergo a training course aimed at further improving service levels. Residents are reminded to speak to their children about safe and respectful behaviour, especially regarding pranks such as "Ding Dong Ditch," which may inconvenience fellow residents.

Recently, two teenage boys were caught digging under the fence near the boardwalk bordering Dunkirk Estate. Thanks to a quick alert by a fence maintenance worker at Dunkirk, the boys fled before harm could occur. This dangerous act is under investigation, and we urge parents to discuss the risks of such behaviour with their children.

Residents are also reminded to adhere to the Estate speed limit of 30 km/h and to communicate the same to their visitors.

During a recent fence inspection, we noted that the perimeter security fence remains in good condition. However, plans are underway to improve sections of the walkway.

Finally, our Gate Officers recently received Certificates of Excellent Work, nominated by members of the resident community. Their dedication and professionalism have clearly not gone unnoticed and they set a standard for all security staff to follow. Well done to all. Keep up the great work.

In Closing

We appreciate the support of our residents in maintaining a safe and secure environment. By working together as residents, security staff, and management, we can ensure Brettenwood Coastal Estate remains a place where everyone feels protected and at peace.

Thank you for your ongoing cooperation and vigilance.

Warm regards
Felix



Left: Security Managers (from other Estates) meeting hosted at Woodys. **Right:** Felix Pillay (BHOA Security Manager). Gate Officers: Siyabonga Sibisi, Simnikiwe Msithwa & Kenneth Ngwenya. Fidelity Security Services (CEO) Whal Baartman.



Caring for Our Infrastructure

Building Control & Maintenance Update

Over recent months, our Building Control and Maintenance teams have remained focused on preserving the high standards that define Brettenwood. From essential servicing to infrastructure upgrades, significant progress has been made both behind the scenes and across shared spaces.

Development activity within the estate continues to progress steadily as the community nears completion, with only 19 vacant properties remaining within the estate, and 7 of these currently under construction. This marks a significant milestone for the estate, with Brettenwood now approaching full development. While we acknowledge that ongoing building activity can at times be disruptive, residents can take comfort in the fact that construction within the estate has reduced considerably.

Ongoing oversight ensures compliance with architectural and estate standards, including the management of contractor conduct and site operations, helping to preserve the integrity, aesthetic appeal and long-term value of our community.

Routine maintenance continues to form the foundation of estate management. This includes clearing storm drains and sewer blockages, repairing water leaks, replacing defective meters, maintaining street lighting and water features, weekly generator testing and monthly water meter readings. In addition to these ongoing responsibilities, preventative maintenance measures are continuously implemented to ensure daily operations run smoothly and efficiently.

Recent improvements across the estate include irrigation pump repairs at Heron Dam

and the installation of new stormwater soak pits along the Dunkirk boundary. Additional works included kerb installations, manholes, walkway extensions and road signage repairs. Enhancements were also made to the kiddies' pool area, a disability access ramp and structural repairs. Pergola restorations were completed at both the gym and pool areas as part of our continued focus on maintaining and improving communal infrastructure. Equipment servicing at the admin building and ongoing water loss assessments were also undertaken during this period.

Further improvements included the repair and retiling of the main Brettenwood gate signage walls, the revamp of the Security Guard Office, repairs to the boundary walls in Zones 1 and 25, and the creation of a new storage area for the Maintenance and Landscaping Departments adjacent to the BHOA office.

Looking ahead, priorities include the repainting of road markings, continued boundary wall painting behind the BHOA office, and additional stormwater control measures in the Goulevan.

We are also pleased to advise that the electrical infrastructure upgrade within Brettenwood is nearing completion. The upgrade included connecting the electrical mini substation at Sunbird Circle to the switch room near Forest Village 4. This important project was undertaken by HDC to strengthen and enhance the estate's electrical network.

Through proactive planning and consistent maintenance, our focus remains on safeguarding infrastructure, enhancing communal spaces and ensuring Brettenwood continues to offer a well-managed and beautifully maintained environment for all residents.



Enhancing Our Natural Landscape

Simangaliso Mthombeni Landscape & Environmental Manager

Sustainable Changes for a Greener Estate

Thanks to our recent summer season and its rains, Brettenwood has been painted in vibrant shades of green, and our gardens have been flourishing. This holds even now, as we begin the gentle transition into our mild autumn. Throughout the past few months, our landscaping team has been hard at work nurturing and enhancing our outdoor spaces, ensuring they remain lush, healthy, and beautifully maintained as we move further into the year.

Our recent focus areas included refreshing garden beds with new seasonal plants, as well as composting and mulching to enhance colour and overall presentation. Tree pruning and roadside clearing to improve visibility, safety and the overall aesthetic along estate roads and pathways has also been paramount.

In addition, trail maintenance to keep walking paths clear, accessible and enjoyable for residents and visitors has been an ongoing process. Finally, the team has continued weed control efforts across garden beds,

paved areas, and verges to preserve the neat and well-maintained appearance of the estate.

Environmentally friendly pest management practices, designed to protect both plant life and local biodiversity, remain a priority on the estate, while the regular collection and disposal of garden waste continues to form an essential part of our ongoing clean-up efforts.

With steady maintenance, new planting projects and revitalising rains even now, as autumn starts to take hold, Brettenwood is looking more beautiful than ever. The natural landscapes are thriving, and our common areas continue to provide beauty for all to enjoy.

Thank you to all residents for your ongoing cooperation.

Together, we're keeping Brettenwood beautifully green, clean, and thriving.





Beyond the Gates

Ward Updates from Cllr Privi Makhan

Over the past year, our ward has seen remarkable progress through the many projects and partnerships that continue to strengthen our community. From infrastructure improvements to environmental care, it has been a year of real collaboration.

Thanks to the tireless efforts of our residents and businesses, local organisations, and civic partners, we've completed several community-driven projects. Our local cleaning and greening initiatives, led by the Dolphin Coast Conservancy and Dolphin Coast Waste Management (DCWM), have transformed our surroundings, keeping our public areas beautiful, safe, and sustainable.

Equally inspiring is the work of the iLembe Chamber of Commerce, which continues to champion entrepreneurship and support

small business growth. Their commitment to developing local talent and promoting economic opportunity makes a real difference in the lives of many.

What makes our ward so special is the incredible spirit of partnership that exists here. Whether it's volunteers giving up their time, community groups taking the initiative, or residents coming together to solve problems, the goodwill and pride in our area is evident everywhere.

As we look ahead, I want to encourage everyone, especially those who have recently joined our community, to register to vote. Your voice matters in shaping the future of this vibrant and growing area. Together, we can continue building a ward that reflects the best of who we are: a community full of possibility.



Meet the Ganasens

Community Connections

By Samantha Subban

A family who believes in living well, staying active, and finding balance.

At the heart of the Ganasen family are Jeslin and Asta, a spirited and down-to-earth couple who embody wellness and positivity. Their family includes their son James, their energetic springer spaniel Hunter, and their newest addition, their beautiful baby, Stella Grace. Stella was born recently, and we extend our warmest congratulations and blessings.

Asta is a qualified personal trainer, working primarily with women to support their health and fitness goals. She trains residents within Brettenwood Estate, helping them feel strong, confident, and balanced in both body and mind. Jeslin is a director at Smart Vision, a South African technology company specialising in The Internet of Things (IoT) solutions for the mining and heavy industry sectors. Together, they make a dynamic duo, grounded in purpose, family, and an active lifestyle.

The Ganasens first called Brettenwood home back in 2019, but a brief move to Hillcrest in 2020 made them realise how special the North Coast lifestyle really is. "It didn't take long for us to come back," they share. "We've now been back for four years, and it truly feels like home."

When it comes to family time, their mornings are sacred. The Ganasens share, "we love starting the day with a walk, either around Brettenwood or along the Ballito promenade. After that, you'll usually find us at our favourite local spot, Skyline, enjoying a good coffee and a tasty breakfast." Among Brettenwood's amenities, the Woodlands braai area and jungle gym are firm favourites. They agree, "it's the perfect space for families and friends to unwind, connect, and let the little ones have fun."

Asked if they had any fun facts to share with us, Asta laughs, "people might be surprised to know that although I'm a personal trainer and athlete, I love dancing, good food, and living life to the fullest. It's all about making sure your mental well-being is just as strong as your physical health."

The Ganasens remind us that wellness isn't about perfection, it's about joy, balance, and the beautiful moments shared with family.

Understanding Recent Electricity Outages

By Samantha Subban

Residents will be aware that, despite the suspension of national loadshedding, the Ballito and Sheffield areas have continued to experience intermittent electricity outages and supply interruptions in recent months.

While these disruptions understandably cause frustration for residents, it is important to clarify that the electricity supply network servicing the Estate falls under the jurisdiction of KwaDukuza Municipality. As a result, the HOA relies on information received from the municipality in order to communicate updates to residents. Unfortunately, information from KDM is often limited and generally reactive, only being communicated once an outage or fault has already occurred. In most cases, there is also an approximate 30–45-minute delay before the municipality provides a response or reference number following the reporting of an outage.

When a power outage occurs, the Brettenwood Security Control Room reports the issue to KwaDukuza Municipality, after which a reference number is issued confirming that the fault has been logged and escalated. As this reference number is the only information initially provided to the HOA, it is circulated to residents as confirmation that the matter is receiving attention from the relevant authority. During widespread outages affecting Ballito, Sheffield, and surrounding areas, restoration times or fault explanations are seldom available.

Encouragingly, Eskom has reported significant improvements in overall national grid performance during 2026, with grid availability reaching 98.9% in early May. However, localised outages within the KwaDukuza Municipal network continue to occur due to infrastructure faults, network overloading, and emergency maintenance requirements.

According to recent municipal updates, mitigation measures are under way to improve network stability and reduce future outages. These include adjustments to protection settings, ongoing line-clearing operations, and several infrastructure upgrades across the

region, including:

- Upgrades to the 11kV cables in Sheffield
- Realignment of the 33kV cable at the uMhlali River crossing
- Upgrades to the Imbonini cable to support broader network stability

In addition, large-scale meter audits and further system upgrades are currently being undertaken by the municipality, which may occasionally result in planned temporary interruptions as the network improvements continue.

As previously communicated, the electrical infrastructure upgrade within Brettenwood has commenced. The project involves connecting the electrical mini-substation at Sunbird Circle directly to the switch room near Forest Village 4, further strengthening the Estate's internal electrical network and improving overall system resilience. Importantly, this upgrade is expected to prevent certain faults originating from Foxhill, Mt Richmore, and Dunkirk from affecting the Estate's supply line. The switch room is anticipated to be completed within approximately three weeks. While this upgrade cannot prevent outages originating from the municipal or Eskom supply network, it is expected to alleviate pressure on the Estate's overall power distribution management within Brettenwood.

The various Estates on the North Coast, in collaboration with DOCRRA, continue to meet regularly to discuss matters of mutual concern relating to ongoing electrical outages and infrastructure challenges. Our Estate Manager Jon Dreyer serves as Chairman of this committee and also sits on the iLembe Committee, which engages with KwaDukuza Municipality representatives to discuss regional electrical issues and possible interventions.

The HOA understands the inconvenience and frustration caused by these outages and appreciates residents' patience and understanding as the broader electrical infrastructure challenges within the region continue to be addressed by the relevant authorities.



Brettenwood's Young Cyclists Making Their Mark

Brettenwood's young mountain biking stars are continuing to make waves across South Africa and beyond, delivering impressive performances on both national and international stages.

At the recent SA National MTB Cup held at Thaba Trails in Johannesburg, 17-year-old Joshua Paul secured gold in both the Junior Men's Short Track and Olympic Distance (XCO) races. His victories followed an intense two months of racing across Europe, Namibia, and South Africa, where he gained valuable experience and UCI points in pursuit of national team selection.

Siblings Errin (19) and Cameron Mackridge (16) also delivered standout performances at the event. Errin claimed third place in the combined Elite and U23 Short Track race against some of the country's top riders, including Cape Epic champion Candice Lill, before securing second place in the U23 XCO event. Cameron showed tremendous determination, finishing fifth in the short course race to secure a front-line start for the Olympic Distance event, where he went on to finish eighth overall.

Fellow Brettenwood rider Troy Cole (17) faced disappointment after suffering a puncture during the Enduro event at Thaba Trails but bounced back the following weekend with an impressive second-place finish at the National Downhill event held at Cascades in Pietermaritzburg.

Following closely in their tyre tracks is Ethan Wills (12), who is competing in his first Provincial XCO Series this year after a successful 2025 season in the KZN CycleLab School Series and National Primary Schools Final.

Congratulations to these talented young riders for representing both Brettenwood and South African mountain biking with such excellence.



Women of Brettenwood

Celebrating Leadership & Achievement

By Samantha Subban

Resident Spotlight: Natasha Perold Shines at Standard Bank Top Women Conference

We are proud to celebrate Natasha Perold, who spoke at the prestigious Standard Bank Top Women Conference 2025, in Johannesburg.

As part of the panel discussion "The Role of Advanced Imaging in Transforming Women's Health-care," Natasha represented SA Medical Services and her leadership platform, Thrival®. Her focus was on bridging innovation and access, exploring how advanced imaging can address the unique health challenges faced by women in South Africa.

This initiative supported the impactful work of PinkDrive and Guerbet South Africa, highlighting the importance of early detection, mobile screening, and collaborative healthcare solutions.

Natasha continues this mission of Visible Hope on her journey as a Mrs Supranational South Africa 2026 Finalist, using every platform to advocate for dignity, access, and women's health empowerment.

We congratulate her on representing our community with such excellence and purpose.



Meet Shamina Krishnaswamy - A Story of Determination and Leadership

Brettenwood resident Shamina Krishnaswamy has recently been promoted to General Manager: Commercial at Transnet Rail Infrastructure — a remarkable achievement that reflects more than three decades of dedication, resilience, and leadership.

What makes Shamina's story especially inspiring is where it began. Starting in an entry-level position, she steadily worked her way through various sectors within Transnet, building experience across rail and port operations before reaching senior executive level. Along the way, she helped establish new departments, implement systems, and lead major operational initiatives.

Her journey is proof that growth comes from consistency, courage, and a willingness to keep learning. Shamina holds a Bachelor of Commerce degree, a Master's in Business Leadership, and recently completed an executive leadership programme through Harvard Business School and Wits University.

Despite the demands of a high-level career, family remains central to her life. She believes in being fully present wherever she is — whether at work or at home — and credits running and healthy living for helping her maintain balance.

Shamina also speaks passionately about empowering women in leadership and embracing the opportunities created by technology and innovation. Her advice to young women is simple but powerful: speak up, build strong networks, remain adaptable, and never apologise for ambition.

Behind her success lies the support of her family and the values instilled by her late parents — hard work, discipline, and perseverance.

Congratulations, Shamina, on this well-deserved achievement. Brettenwood is proud to celebrate your inspiring journey and continued success.





New Season. Renewed You.

Your Autumn Wellness Reset

As we shift into a new season, it's an ideal time to re-establish habits that support overall health. Returning to routine after the Easter holidays can be challenging, but small, clinically proven behaviours can significantly improve physical and mental well-being. Below are simple steps to help you begin the cooler months in a healthy, sustainable way.



PRIORITISE HYDRATION

Hydration plays a crucial role in maintaining cognitive function, energy levels, and physical performance. Even mild dehydration can affect mood, concentration, and thermoregulation.

Practical guidance:

- Start each morning with a glass of water.
- Keep a water bottle at your workstation or in your bag.
- Use reminders if you struggle to maintain regular intake.

ESTABLISH ROUTINES GRADUALLY

The body benefits from predictable daily rhythms. Routine helps regulate sleep-wake cycles, stabilise energy, and reduce stress.

Recommendations:

- Introduce one healthy habit at a time. Early bedtime, structured meals, or morning preparation.
- Plan your week to avoid unnecessary pressure or decision fatigue.
- Maintain consistent wake-up times, even on weekends, to support a healthy sleep routine.



PROTECT SLEEP AND MENTAL WELL-BEING

Sleep quality is directly linked to immune function, emotional regulation, and overall health. Mental well-being is strengthened through regular rest and intentional moments of decompression.

Evidence-based habits:

- Aim for 7-9 hours of sleep nightly.
- Reduce screen exposure at least 30 minutes before bed.
- Create a sleep-friendly environment that is cool, dark, and quiet.
- Incorporate short mental breaks during the day to prevent burnout.

SET CLEAR, ACHIEVABLE GOALS

Goal-setting improves motivation and supports long-term behavioural change. Effective goals should be specific and attainable.

Examples:

- A daily 20-minute walk.
- Increasing water intake by one or two glasses per day.
- Scheduling brief mindfulness sessions during the week.
- Limiting evening screen time.

If you're looking to make your wellbeing a priority, start with the simple habits outlined above because small changes truly drive measurable improvement.

Medi Response - On Call for Brettenwood

Thank you to the Brettenwood community for your continued trust and partnership. Here's to a safe, healthy, and resilient next quarter. Wherever the year leads, we'll be there.

T +27 11 713 2000

E info@mediresponse.co.za

www.mediresponse.co.za





Celebrating Life at Brettenwood

By Samantha Subban

Feels Like Summer Festival | 6 December 2025

Brettenwood residents were spoilt with their very own exclusive Summer Market, setting the tone for December - easy sunshine, relaxed vibes and an elevated Brettenwood experience. Lion & the Bear brought their chilled sounds, with Woody's steak rolls rounding things off perfectly. Estate living at its best.



[Click here to watch a video.](#)



| 12



Santa Comes to Brettenwood | 13 December 2025

Brettenwood residents enjoyed a magical day filled with festive cheer.



[Click here to watch a video.](#)

| 13



Lumo Pool Party - 31 January 2026

Weekends done right at Brettenwood, where families, fun, and summer memories come together. Enjoy these highlights from our Family Pool Party in January.

[Click here to watch a video.](#)



Fun Run/Walk

A big thank you to Hunt Properties for putting together this amazing Fun Run/Walk. It was a morning that perfectly captured our estate lifestyle. From prams and pups to determined 5 km runners, residents showed up with energy and heart.

[Click here to watch a video.](#)

From Our Shores to the Open Ocean: A Day on Queen Mary 2

By Samantha Subban

There are moments in travel that stay with you — not because of how far you've gone, but because of how deeply the experience resonates. Last month, I had the unique opportunity to step aboard the iconic Queen Mary 2 while docked in Durban — a rare day visit that brought a true piece of maritime history right to our coastline. As part of her 110-night world voyage, she made a brief but memorable stop in Durban before continuing to Cape Town and eventually returning to Southampton.

What made the experience even more meaningful was its connection to Brettenwood. Shaun and Sandy McCarthy, proud Brettenwood residents, are the driving force behind Whitestar Cruise & Travel. They represent Cunard locally and play an integral role in bringing iconic vessels like this to our shores, a reminder of how globally connected our community truly is.

Stepping aboard is unlike boarding a typical cruise ship because she isn't one. She is the last true ocean liner in active service today, purpose-built to cross the Atlantic Ocean with strength, grace, and timeless elegance. From

the moment you arrive, there is a quiet sense of occasion. Wide decks stretch toward the horizon, interiors reflect understated luxury, and an unhurried rhythm invites you to slow down and take it all in.

Yet, despite her scale, the experience remains deeply personal. From private dining in elegant restaurants to indulgent spa treatments, every space engenders a different kind of enjoyment. Guests can explore the art gallery, unwind in classic lounges, or visit the only planetarium at sea. From five swimming pools to the largest dance floor at sea, the ship offers an impressive array of experiences.

Unique to transatlantic crossings are dedicated kennels, allowing guests to travel with their pets, a rare and thoughtful touch.

For those seeking something more active, there is no shortage of options. A theatre hosts West End-style productions alongside live music and ballroom dancing, while the fitness centre, sports courts, jogging track and variety of classes offer endless ways to stay engaged, all set against sweeping ocean views.



I was truly spoilt with a beautifully prepared lunch - a refined, multi-course dining experience of starters, mains, and dessert, each thoughtfully presented and accompanied by excellent wine. Every course felt considered, with flavours that were both elegant and satisfying.

I ended the meal with a quintessentially English Eton Mess perfectly resonant for a visit with the Queen Mary 2.

For Brettenwood residents considering a future voyage, there is more to look forward to. Cunard's Queen Victoria is set to return to South African waters in mid-April 2027 as part of her 109-day World Voyage.

"Whether you are a seasoned cruise traveller or considering your first cruise holiday, experiencing the world aboard a Cunard ship offers a travel experience unlike any other," says Shaun McCarthy.

For more information on Whitestar Cruise & Travel visit www.whitestar.co.za. Alternatively, for a more personal, neighbourly touch, feel free to reach out to Shaun (084 509 1231) or Sandy (084 441 0004) for any travel advice or assistance with booking your next cruise.

For me, this visit was more than just stepping onto a ship, it was a reminder of why we travel: to experience something new, to feel inspired, and to connect with stories beyond our own. Through residents like Shaun and Sandy, Brettenwood remains quietly connected to a wider world, one where extraordinary journeys begin, and where global experiences find their way back home.

 [Click here to watch a video from my trip aboard the Queen Mary 2.](#)





Here When You Need Us

Key Contacts & Estate Support

Reception and Community Support

Sales and admin queries, complaints, pet registrations, boma bookings (bookings can only be made during the week: Monday to Friday).

Prudence (HOA Office) T: 032 525 3103 E: reception@brettenwood.co.za

Community Support

General admin queries.

Thorona (HOA Office) T: 032 525 3103 E: admin@brettenwood.co.za

Security Control Room

Security Concerns (roaming pets, etc.) or any after hour issues, power or water interruptions, injured wildlife, lost and found.

Control Room (24/7) T: 032 525 3100 | 073 872 3818

Security Manager

Security disturbances, access control, speeding fines.

Felix Pillay T: 032 525 3104 E: securitymanager@brettenwood.co.za

Maintenance, Building Control and Landscaping

Need emergency assistance? Contact Charles.

Charles Naicker E: buildingcontrol@brettenwood.co.za

Simangaliso Mthombeni E: landscaping@brettenwood.co.za

Accounts or Billing

Tanya Naicker E: accounts@brettenwood.co.za

Marketing or Events

Samantha Subban E: adminmanager@brettenwood.co.za

Parcel Room

T: 032 525 3105

Woodlands Café

T: 032 525 3290

Medi Response

T: 083 3303 911

Wild Peach Technology

T: 082 923 6088